



NeuroSync Academy
neurosync.academy.andcpd@gmail.com

CPD Course | 16 CEUs

ADVANCED NERVOUS SYSTEM REGULATION & CLINICAL APPLICATION FOR THERAPISTS

Ideal for: Practitioners in **mental health, physical rehabilitation, and neurological care**, this training integrates breathwork, vagus nerve techniques, somatic tools, and clinical reasoning to enhance therapeutic outcomes.

Why Attend: This advanced workshop equips therapists with science-based techniques to assess, regulate, and optimize the nervous system.

Key Benefits: Tools you can apply immediately in your sessions
Includes nervous system regulation, brain states, and real-world clinical application

Course Date:

Module 1: 3 March | 08:00 - 13:00

Module 2: 4 March | 08:00 - 13:00

Module 3: 5 March | 08:00 - 12:00

Format: Online Fee: R2800

REGISTRATION:

<https://www.neurosyncacademy.com/>

What others have to say:

"It was great to learn about the nervous system and how to regulate it."

See more reviews on the website:
www.neurosyncacademy.com

Presented by: Corinne Badenhorst, OT, 20 years clinical experience. Certified in HRV, trauma and anxiety. Post graduate diploma in Psychoneuroimmunology. Bachelor in Metaphysical psychology

Modules Overview:

Module 1: Foundations - ANS, brain states, dysregulation signs, and clinical screening

Module 2: Techniques - Breathwork, eye movements, somatic tools, and protocol flow

Module 3: Application - Diagnosis-specific plans, case studies, troubleshooting, integration

